



Preliminary List of Workshops / Liste préliminaire d'ateliers

Speaker: Coordinators of CoE PIM

School/Company: CoE PIM

Target Audience: Kindergarten, Primary, Secondary

Online Only

Creating a Positive Learning Environment for Students with Exceptionalities

This workshop will feature the key elements that help create a positive learning environment for students with exceptionalities. These elements will be highlighted with videos of experienced teachers as they demonstrate strategies on how to meet the intellectual, emotional, and physical needs of their students. Participants will be provided with practical tips on how to make classroom management less challenging while keeping their students safe, engaged, and on task. The presentation will be followed by a 15 min. Q&A session.

Speaker: Mona Greenbaum (Director)

School/Company: LGBT+ Family Coalition

LGBT+Family Coalition

As you know the LGBT+ Family Coalition offers workshops on a number of topics in both English and French We can cover: Basic themes around gender and sexuality. Trans and non-binary youth or even history of the advancement of LGBT+ family rights in Québec

Speaker: G. Scott MacLeod (Artist, Filmmaker)

School/Company: MacLeod 9 Productions

Target Audience: Primary, Secondary

Category: Arts

Life History Zine & Comic Book Workshop <https://artistsinspire.ca/artist/g-scott-macleod/>

During my workshop I will explain my “life history comicbook and zine” project, which is designed to teach students how to interview seniors, family members or individuals in their community to share a component of their life history and honour them in a zine or comic book. During the five 1 hour classes I will teach the students basic pencil drawing, tracing, water colour/pencil, zine and comic book making techniques. With these techniques they can shape the collected story into a zine or comic book form (and in some exceptions a short film) to celebrate the individuals and their identity. I teach a “no mistakes” approach so the students may enjoy the creative process. The project can be financed by grants offered through the English Language Arts Network’s Artist Inspire Program. <https://artistsinspire.ca/artist/g-scott-macleod/> The goal of my life history zine & comic book workshop is to teach how through the use of storytelling and art students can convey universal stories and learning opportunities.

Speaker: Chantal Dubois (Orff Clinician)

Target Audience: Kindergarten, Primary

Category: Arts

Under the Caribbean Sun... Timoun an Ayiti, Childhood, Music and Bames

Will immerse you in the very special world of Creole traditions in Haiti. This Orff Schulwerk training will allow you to live a colourful cultural and musical journey through speak-in-rhythm activities, songs, rhythmic games and dance for the different elementary age groups, a dose of sunny vitamins for young and old!

Speaker: Deirdre Potash (Teaching Artist)

School/Company: ArtWill Studio

Target Audience: Kindergarten, Primary, Secondary

Category: Arts

Graphic Novel, Manga & Anime

Students are inspired by the myths and legends of the indigenous people of Canada. Using Anime / Manga techniques they create their own graphic novels. Increase students understanding and knowledge of the indigenous people of Canada. Introduce students to new forms of writing and creative visual expression. Lots of opportunity to ask questions. All materials included.

Speaker: Julie Etheridge (Teacher)

School/Company: EMSB

Target Audience: Primary

Category: Arts

Discovering Creative Ways to Engage with Artworks

This interactive and hands-on workshop will focus on a toolbox of methods used by a veteran art specialist to engage her students with artworks. Participants will learn of different types of questioning techniques and explore ways to expand their students' visual arts vocabulary. In addition, participants will engage in activities that apply creative approaches such as drawing, sculpture, and writing to explore and discuss an artwork.

Speaker: Carol Patterson (Early Childhood Educator)

School/Company: CPE Narnia

Target Audience: Kindergarten, Primary

Category: Arts

CreARTivity!

How is your creative spirit? Could you use a little encouragement? Inspiration? Then this workshop is designed just for you! We will explore new ways to look at our environment and the creative process. Inspiration will come from various artists and the mediums they used to create. You will leave with lesson plans, a project you created and your sense of wonder ready for a Monday morning adventure!

Conférenciè(e)s : Lisa-Anne Lessard (Coordinatrice), Joel Blanchfield, Gaël Dulude

Compagnie : Rugby Québec

Clientèle cible : Primaire, Secondaire, Éduc. Adultes

Catégorie : Autre

Initiation au flag-rugby (Rookie Rugby)

Faire découvrir aux enseignants un nouveau moyen d'action pour le développement moteur de l'élève, fournir une formation de base et fournir des documents clés en main pour la mise en place d'une activité de rugby.

Conférencier : Joly Louis-Daniel (Fondateur, gestionnaire, formateur)

Compagnie : Les Productions Baratanga

Clientèle cible : Tous

Catégorie : Autre

Atelier de percussion

L'atelier de percussion s'adresse à toutes les clientèles et aucune expérience musicale n'est requise. L'approche est adaptée selon l'âge du groupe. Il est utilisé pour divers objectifs (apprentissage de la percussion, gestion du comportement, pluridisciplinaire/transversal, besoins particuliers/inclusion scolaire, pour le bien-être, etc). Nous avons différents formats de 25 à 250 participants et plusieurs durées possibles de 30 minutes à 1h30. L'atelier se déroule en cercle. Nous fournissons tous les instruments. Il s'agit d'un mélange de tambours et de petites percussions pour permettre la découverte des différents instruments. Durant l'atelier, il y aura rotation des instruments pour permettre aux participants de manipuler plus d'un instrument. Pour le primaire et secondaire, l'atelier est en lien avec les compétences du programme de musique québécois. Les élèves sont amenés à participer à plusieurs types de jeux et de modules basés sur le rythme et la percussion, qui sont tirées du manuel « Manuel de percussion en milieu scolaire » produit par Baratanga et vendu principalement aux enseignants en musique.

Conférencière : Jennifer Boudreau (Spécialiste équipe éducation)

Compagnie : iA Groupe financier

Clientèle cible : Tous

Catégorie : Autre

Your Group Insurance Benefits

Développé en collaboration avec Mike DiRado, l'atelier portera sur un rappel aux membres des couvertures d'assurance collective chez iA groupe financier. Un rappel de leurs couvertures d'assurance dans l'ensemble, une démonstration des outils en ligne disponibles pour eux. Nous verrons aussi, mais moins en détail l'admissibilité au régime, le fonctionne à au niveau de la facturation des primes avec la GRICS; etc. La présentation reste encore à être développée. Prendre note que la présentation sera en anglais.

Speaker: Margot McKinnon (Teacher, Presenter)

School/Company: Spark the Spirit Productions

Target Audience: All

Category: Behaviour Management

Online Only

The Loneliness Epidemic

From early years to secondary school, a growing number of children, especially with the Covid pandemic, lack the learned skill of connection and belonging. This may manifest in the quiet seemingly disengaged student or the disruptive child who interferes with the learning of others. Neither child will have the quality of life they deserve. Learn strategies to encourage meaningful participation and build connections with teachers, classmates, and environment.

Speaker: Heather Markgraf (Educator, Teacher)

School/Company: Self employed

Target Audience: Primary, Secondary

Category: Behaviour Management

Nonviolent Communication and the Importance of Empathy

I would begin with a short introduction to Nonviolent Communication and the work of Marshall Rosenberg. I will give a definition and explain the importance of empathy in the classroom, explaining the difference between empathy and sympathy. I will also name the needs which empathy meets for the student, namely to be heard, to matter and to connect.

In order to offer empathy the listener has to be fully "present". I will offer activities to strengthen listening skills and avoid judgements. This workshop will engage the participant and motivate them to use empathy as a way to hear their students feelings and needs and connect with them in a compassionate way.

Speaker: Joseph Emet (Mindfulness Coach)

Target Audience: All

Category: Behaviour Management

Connecting with Compassion and Mindfulness

What motivates a teacher? Is it just covering the subject and maintaining discipline? That may not be enough for connection. This workshop imagines a teacher with a friendly and compassionate attitude toward each student. Her main concern is to engage from a position of friendship and care rather than authority. Mindfulness techniques are used to question motivation, and to develop compassion and positivity. Bonus: Research shows that compassion reduces stress.

Speaker: Linda Aber (Parent Coach, Nurtured Heart Approach Trainer)

School/Company: TacTics Resource Services

Target Audience: All

Category: Behaviour Management

Online Only

Foster Success for Challenging, Intense Students Through The Nurtured Heart Lens

The Nurtured Heart Approach is highly effective for educators and used world-wide in thousands of classrooms and schools. It inspires, empowers all students, and those diagnosed with ADHD, learning disabilities, mild ASD & anxiety. In this workshop, you'll learn a powerful, connecting relationship language, how to enhance self-esteem, establish healthy boundaries, motivate success.& give students the deep conviction they can cope with problems and succeed socially & emotionally.

Conférencière : Manon Jean (Consultante privé)

Clientèle cible : Préscolaire

Catégorie: Bien-être

La météo intérieure pour favoriser l'accueil des émotions

Cet atelier s'adresse aux enseignants qui désirent découvrir et appliquer en classe La météo intérieure. En ajustant sa météo intérieure, l'enfant apprend à reconnaître et exprimer ses émotions, à gérer son stress et à ancrer des comportements appropriés. Grâce à des exercices simples et ludiques, l'enfant modifie son fonctionnement cognitif et émotionnel, développe l'estime de soi et s'ouvre à une façon de vivre qui le relie davantage à ses ressources intérieures. La météo intérieure, l'idéal pour développer les habiletés sociales !

Conférencier : Guy Giard (Life Coach)

Clientèle cible: Tous

Catégorie: Bien-être

Et qu'en est-il de l'être humain dans tout cela ?

La pandémie a radicalement changé notre vie quotidienne, faisant craindre l'isolement social et le stress de la perte d'emploi et de revenus. Comment retrouver notre bien-être et notre qualité de vie ? Guy Giard, clown humanitaire avec le docteur "Patch" Adams, propose dans cet atelier pratique de se reconnecter à l'humain en nous, source de motivation, de créativité et de résilience, en redécouvrant nos rêves, nos passions et notre raison d'être. Ceci pour nous-mêmes, nos relations et nos élèves.

Conférencière : Nathalie Gagnon (Conseillère scolaire et santé)

Compagnie : fdmt

Clientèle cible : Préscolaire, Primaire

Catégorie : Bien-être

Démystifier le coin sensoriel, son utilisation et ses nombreux bienfaits

Le quotidien d'un élève est parsemé d'une multitude d'informations sensorielles à traiter. Pas surprenant que cela ait un impact sur le comportement individuel et social de nos jeunes. Que ce soit pour aider à la concentration, diminuer la désorganisation du jeune ou du groupe, cet espace aura des bienfaits sur les habiletés socio-émotionnelle, la concentration et attention sans minimiser l'impact positif sur votre gestion classe.

Coins sensoriels, coin refuge ou espace calme sont synonymes et visent à améliorer le bien-être, la gestion des émotions, la concentration et les relations interpersonnelles. Venez démystifier le coin sensoriel!

Conférencière : Sylvie Archambault (Enseignante)

École : Mountain View HS

Clientèle cible : Tous

Catégorie: Éducation sexuelle

Soutenir, accompagner et comprendre la diversité de genre en milieu scolaire

J'ai présenté quelque chose de semblable au dernier congrès qui a eu lieu en personne. Cette fois, je présente de nouveaux outils et de nouvelles ressources pour outiller le personnel scolaire et les familiariser à cette réalité bien présente dans nos classes, peu importe le niveau académique. Cette présentation a pour but de démystifier les composantes de l'identité sexuelle et d'adresser ce que vivent les jeunes transgenres et non-binaires afin de mettre en lumière l'importance de l'approche affirmative.

Speakers: Claude Quevillon Lacasse (Course Lecturer, PhD Student), Thomas Eason (Teacher)

School/Company: UQAM

Target Audience: Secondary

Category: ELA/Literacy

Improving Sentence-Construction Skills in ELA Class

Sentence-construction skills is a well-known indicator of overall text quality in writing (Crossley, 2020). However, few activities focus specifically on this set of skills. One type of activity in particular, open sentence-combining (Saddler, 2019), has proven effective in ELA class, especially with adolescents (Graham & Perin, 2007), but it is not yet well-known in Quebec classrooms. Participants will experience open sentence-combining activities adapted to our bilingual students' needs, and then will create their own activities.

Speakers: Anne Beamish (Consultant), Jessica Neri, Lise Kuhn, Adrianna Chronopolous

School/Company: EMSB

Target Audience: Secondary

Category: ELA/Literacy

Diverse Texts for Secondary English Language Arts

We all know that students need to see themselves represented in the texts they read in school. In recent years, there has been a plethora of young adult literature available to both teachers and students. But how do we choose texts for the classroom? And how do we make sure that they are diverse and equitable? Come learn from a group of dedicated English Language Arts teachers about the resource they have put together to help teachers find and use diverse texts in the classroom. Session participants will learn about new books and new resources that support the teaching and learning of diverse texts.

Speakers: Daria Telishewsky, Melanie Kerridge

School/Company: MEQ

Target Audience: Kindergarten, Primary, Secondary

Category: ELA/Literacy

Connect, Communicate and Collaborate: Funding Programs for Language Teachers

Are you a language teacher who would like to explore innovative ways to save time, lighten your workload and enrich your students' learning? Two funding programs for language teachers will be presented. The FACET funding program offers a simple practical framework and funds for release time for ELA and FSL teachers to collaborate on language projects. The PELIQ-AN program offers resources and funding for teachers from the English and French sectors to develop language-exchange projects.

Sponsored by Direction de soutien au réseau éducatif anglophone

Speaker: Rebecca MacDonald (Teacher)

School/Company: Pearson Adult Career Centre

Target Audience: Adult Ed.

Category: ELA/Literacy

Bringing Adult Learners Out of the Wings Through Drama

Drama cultivates students' capacity to collaborate, question and reflect. Unfortunately, adult learners rarely have access to drama. This workshop will present results from my master's research, and teaching experience, which demonstrate drama's impact on adult learners' confidence, engagement, and learning. It will provide tools and techniques for incorporating drama into core subjects such as English 4111, 5101 and Literacy, as well as tools for the creation of a drama course for Adult Education.

Speaker: Monique MacLeod (Head of Education)

School/Company: Montreal Holocaust Museum

Target Audience: Secondary

Category: Ethics and Religion

Us vs. Them: Creating the Other

This workshop will provide teachers with a hands-on introduction to the Us vs. Them pedagogical guide, which explores the relationship between othering, human rights violations and the process of genocide. First, the guide enables teachers to address how the process of othering has been used by dominant groups to facilitate the exclusion of, discrimination against and persecution of minority groups. Following this overview, students analyze artefacts, timelines and survivor testimonies from two case studies of genocide, one historical and one contemporary: the Holocaust and the Rohingya genocide in Myanmar.

Conférencière : Marie-Pier Mailloux (Représentante)

Compagnie : Chenelière Éducation

Clientèle cible : Secondaire

Catégorie : FLS/FSL

La deuxième édition de Cargo va vous charmer!

Plongez au coeur de cette collection complète, composée de textes authentiques, avec un niveau de langue et un vocabulaire adaptés aux élèves. Les activités orales et d'écoute pour favoriser les opportunités d'intrication vous combleront, de même que les dictées, les tests de grammaire et les situations d'évaluations. Pour enrichir votre enseignement, nous avons développé une offre numérique incroyable. N'hésitez plus et venez découvrir la collection favorite des enseignants de français langue seconde.

Conférencières : Isabelle Alarie (Enseignante), Annie Sabourin (Enseignante)

École : St. Thomas & Beaconsfield HS

Clientèle cible : Secondaire

Catégorie : FLS/FSL

Un Comiccon à l'école? Pourquoi pas!

Comment jumeler passion pour la culture populaire et l'apprentissage du français? Avec un Comiccon, bien sûr! Ce projet permet aux étudiants de s'engager dans leur apprentissage du français dans un contexte signifiant et motivant. Être geek a sa place dans le cours de français!

Conférencier : Pascale Bourdeau (Agente)

Compagnie : Groupe Média TFO - IDÉLLO

Clientèle cible: Préscolaire, Primaire, Secondaire

Catégorie: FLS/FSL

IDÉLLO, des ressources pour l'apprentissage du français langue seconde

IDÉLLO propose de nombreuses ressources, vidéos et activités afin de soutenir les enseignants dans l'enseignement du Français langue seconde, du niveau débutant au niveau avancé. Les sujets et matières sont divers et permettent de cibler les champs d'intérêt des élèves de tout âge, de stimuler leur engagement afin de développer leurs capacités d'écoute et d'interaction. Nos programmes représentent la diversité culturelle et linguistique qui font la force et la richesse de la culture francophone. Venez les découvrir avec nous!

Speaker: Evi Pachis (Learning Strategist)

School/Company: Selwyn House

Target Audience: Primary

Category: French Immersion

Deconstructing Reading

What happens when we read? Can you draw a map which illustrates how we do it? Why do certain fluent readers not understand what they are reading? Many teachers have received little or no training in understanding frameworks to guide them in answering these questions. This workshop presents a theoretical framework (le modèle Laplante) and concrete tools selected by an experienced practitioner. This workshop can be presented in English and in French.

Conférencière : Sophie Berthelet (Enseignante)

École : Mariboisé-UQAM

Clientèle cible : Préscolaire, Primaire

Catégorie : Gestion du comportement

Ces enfants trop chambardés dans le coeur...Et maintenant on fait quoi?

Pourquoi certains adultes semblent-ils toujours être en mesure d'obtenir « le meilleur » des enfants qui leur sont confiés, tandis que d'autres semblent se buter inlassablement aux pires comportements? Alors comment intervenir avec un enfant en difficulté de comportement? Qu'est-ce qu'une intervention éducative réussie? Comment mettre en place les conditions gagnantes qui permettent d'agir efficacement avec ces enfants? Le pouvoir d'influence d'un adulte signifiant, cohérent, motivant, encadrant et réflexif fera une réelle différence dans leur vie. Lors de cette rencontre, plusieurs outils concrets et stratégies efficaces expérimentés en salle de classe vous seront présentés.

Speaker: Jane Felling (Consultant)

School/Company: Box Cars and One-Eyed Jacks

Target Audience: Kindergarten, Primary

Category: Math

Power Play - Rebuilding Place Value Through Games

Place value concepts form the foundation for most of the math covered in elementary K-5. Come prepared to play games and learn strategies that help rebuild some of the gaps from interrupted instruction. Concepts covered include: composing/decomposing, understanding 10's, 100's, 1,000's rounding and expanding numbers comparing $>$ $<$, patterns using number lines, identifying place value. Games use cards, dice, # lines, place value dice. Handout will contain gameboards concept skill checklists. Games are perfect for centers or whole class instruction.

Speaker: Faith Loewen (Teacher)

School/Company: École Julie-Riel

Target Audience: Primary

Category: Math

Online Only

Teaching Math to Spatial Learners

Workshop will present ways to teach basic facts in a gr. 4/5 classroom, starting from the whole instead building up from the parts. Students who are predominantly spatial learners (always thinking outside the box) will solidify their understanding of addition, subtraction, multiplication and division. All activities shown were used in a COVID-distanced classroom. All materials for student learning available in French and English.

Speaker: Jane Felling (Consultant)

School/Company: Box Cars and One-Eyed Jacks

Target Audience: Kindergarten, Primary

Category: Math

Connecting the Dots-Domino Math Games K-5

What was the favorite manipulative during COVID, hands down dominoes. Come prepared to play our students favorite domino games that support the following concepts: operations, multi-digit operations, place value including decimals, fractions, graphing and more. Handout will contain gameboards, management ideas, journal masters. Dominoes are easy to integrate into your math class as centers small group work or whole class. Also perfect for home practice and family math nights.

Speaker: Saarah Broadbent (Coordinator)

School/Company: ExploreLearning

Target Audience: Primary, Secondary

Category: Math

STEM Inquiry Teaching Practices and the Effect of Mindset in Math Classroom

Math educators dream of classrooms where teachers encourage scientific inquiry and exploration of math concepts while letting students draw their own conclusions rather than guiding them to an answer, and where teachers are facilitators that foster independent and creative thinking and exploration. Discover how STEM educator mindsets can impact the adoption of more open and authentic forms of inquiry in the math classroom and how STEM leaders' feedback can support a growth mindset and help develop a true, concrete understanding of mathematics.

Conférencier : Gérard Buzaglo (Professeur, auteur)

Compagnie : Guérin-Lidec

Clientèle cible : Secondaire

Catégorie : Mathématiques

Présentation de la collection Pyramide au 1er cycle du secondaire

Présentation de la nouvelle collection en mathématiques éditée par Lidec. Présentation des cahiers de sec 1 et sec 2 Présentation de la collection Mathématiques 3000 éditée par Guérin éditeur. Cette collection, publiée en français et en anglais, porte sur les 5 niveaux du secondaire. La collection Mathématiques 3000 est accompagnée par - les cahiers de Préparation aux examens de fin d'année pour tous les niveaux du secondaire publiés en français et en anglais - Les cahiers de Révision par chapitre pour tous les niveaux du secondaire publiés en français et en anglais.

Commandite par Groupe Guérin

Conférencière : Sarah Melo (Enseignante)

École : Division scolaire Louis Riel

Clientèle cible : Préscolaire, Primaire

Catégorie : Mathématiques

En ligne seulement

Comment corriger les erreurs des nombres 1 à 1 000

À partir des erreurs comme 13/30/31 ou 44/84, je vais présenter un système logique, étape par étape, afin d'aider les élèves à apprendre le vocabulaire difficile des nombres 1 à 1 000. À l'aide des vidéos d'enseignement et l'explication de la conscience phonologique et de la valeur de position, les élèves peuvent apprendre les nombres 11 à 16, 30, 40, 50, 60 et 60 à 99 avec une progression envers les plus grands nombres.

Speakers: Kelly Fahey (Teacher), Sylvie Ozell

School/Company: Morin Heights Elementary

Target Audience: All

Category: Multi-Disciplinary/Cross-Curricular

Outside Getting Dirty!

You want to teach outside? Here is help linking activities to the curriculum. Come and get all the dirt on outdoor learning K-6 and unearth how to take students outside to explore, wonder and learn all year. Discover how to inspire curiosity, inquiry and critical thinking in your students right in your school yard and community. Ready to use resources for an outdoor adventure tomorrow!

Speaker: Nathalie Larivière (Audience Engagement)

School/Company: NFB

Target Audience: Secondary, Adult Ed.

Category: Multi-Disciplinary/Cross-Curricular

Discover NFB's Media School New Workshop: Digital Storytelling at Your Fingertips !

This one-hour webinar will offer an overview of the National Film Board of Canada's new learning platform: the Media School and its Digital Storytelling Workshop. The platform offers hands-on, turnkey digital storytelling modules for students aged 13 to 18 and teaches them how to create a short personal story in video format, using photos, narration, music and sound elements. Closely linked to the languages, arts and social sciences programs, the 10 modules will provide all the tools required to produce a digital story, with no prior knowledge or specialized equipment. Media School will be available free of charge to elementary and secondary school teachers through the CAMPUS subscription offered by the Quebec Ministry of Education.

Speaker: Nadine Neema (Workshop Facilitator, Writer, Multi-Disciplinary Artist)

School/Company: Neemaste Productions

Target Audience: Primary, Secondary

Category: Multi-Disciplinary/Cross-Curricular

Indigenous Historical Fiction Novel Study & Other Creative Workshops Such as Songwriting

Nadine Neema will speak about her historical fiction youth novel *Journal of a Travelling Girl* aimed at 9-12 year olds, which earned finalist for three awards. She will explain how teachers are already using the book as a novel study in several schools. The book is a coming of age story of a young girl who goes on the annual Tłıchǫ canoe trip retracing the trails of their ancestors on their way to the celebrations for the effective date of the Tłıchǫ Agreement. Themes include friendship, community, loss, healing, personal growth and connection to the natural world. Neema also gives creativity workshops to youth to empower them to find their own voice, including songwriting, spoken word poetry, storytelling, journal writing and improvised creativity.

Speakers: Rodney Handelsman (Teacher), Tya Collins, John Cummings, Bronwen Low

School/Company: Perspective 2

Target Audience: Secondary

Category: Multi-Disciplinary/Cross-Curricular

Exploring Barriers and Supports to Student Flourishing in the Outreach System

Outreach schools offer vital support to students who are unsuccessful in traditional settings. This workshop shares recent PhD research by Outreach teachers: Collins (on Black student experiences) and Handelsman (on supports and hindrances to student flourishing). It also showcases work being done by the Outreach ELA PLC and efforts to support students' transitions from school. Participants then work together in small groups to identify potential solutions to current barriers to student success and well-being.

Speaker: Raphaella Dixon (School Board Librarian)

School/Company: LBPSB

Target Audience: Kindergarten, Primary, Secondary

Category: Multi-Disciplinary/Cross-Curricular

Biblius: des livres numériques pour vous et vos élèves! /
Biblius: the Ebooks You and Your Students Need!

Discover Biblius, the new ebook platform from MEQ for all Québec schools. Its exciting features will complement the print book collection in your school. This will be a hands-on workshop to learn how to navigate the platform, discover the books your students need (and want!), and explore ways to use these books in the classroom. Please bring a device. This bilingual workshop is presented by QSLiN (Quebec School Librarians Network).

Découvrez Biblius la nouvelle plateforme de livres numériques du MEQ. Ces livres sont disponibles pour toutes les écoles du Québec. Ce format numérique complète bien la collection de livres format papier de votre école. Cet atelier pratique vous permettra d'apprendre à naviguer sur la plateforme Biblius. C'est l'occasion de découvrir des livres et d'explorer des façons variées de les utiliser en classe. Veuillez apporter un appareil. Cet atelier bilingue est présenté par QSLiN (Quebec School Librarians Network).

Speaker: Ian Shanahan (Writer, Editor, Educator)

School/Company: Green Teacher

Target Audience: Primary, Secondary

Category: Multi-Disciplinary/Cross-Curricular

Teaching Kids and Teens About Climate Change

In this interactive, hands-on workshop, participants will be introduced to best practices in climate change education for students in elementary and secondary school. This will include discussions of the four branches of climate change (global warming, climatic instability, consequences of global warming, and climatic flip); demonstrations of pedagogical approaches such as inquiry-based, place-based learning, and solutions-based learning; as well as a focus on climate justice. Free copies of select activities will be provided.

Speakers: Jessica Abdallah (Director), Clark Caite

School/Company: Geordie Theatre

Target Audience: Kindergarten, Primary

Category: Multi-Disciplinary/Cross-Curricular

Creative Dynamics in the Classroom

This workshop will engage teachers in a hands-on exploration of theatre activities and skills which can be adapted for use in their day-to-day classrooms. During the workshop, teachers will be introduced to alternative tools based in theatre and performance which can be used in a variety of ways for all class subjects including: to creatively explore a certain class topic, to increase focus, to encourage a stronger class dynamic, to increase listening, to instill confidence, and to engage students in activating their imaginations.

Sponsored by Geordie Theatre

Speaker: Erika Stanischewski (Teacher)

School/Company: Rosemere High School

Target Audience: All

Category: Multi-Disciplinary/Cross-Curricular

Becoming a Self-Regulated Learner – An Introductory Session

Teaching students how to become Self-Regulated Learners (SRL), fosters their metacognitive ability to comprehend their unique learning process and apply specific strategies to ensure their academic success. SRL is a transferrable practice, in that the process can be applied to any personal, academic or professional goal. In this introductory session, examples and strategies on how to implement SRL for all age groups will be shared.

Speakers: Wes Delve (Program Officer), Sandy Plamondon

School/Company: Canadian Teachers' Federation

Target Audience: Primary, Secondary

Category: Multi-Disciplinary/Cross-Curricular

Addressing Social Justice Issues in the Classroom: Activities and Resources

Social justice is central to a strong publicly funded public education system, which is why the CTF/FCE works to raise awareness on issues affecting students, teachers, their communities, and education in general. This session will introduce a variety of social justice resources with ready-to-go classroom activities for you and your students. A teacher activist will also present a successful project they implemented at their school.

Sponsored by Canadian Teachers' Federation

Speaker: Sharon Scimeca (Play-Based Learning Facilitator)

School/Company: Universi of Play

Target Audience: Kindergarten

Category: Other

The Power of Learning Through Play and Storytelling

How can children learn as they get lost in play and storytelling? Throughout this interactive, hands-on workshop, preschool teachers will learn how to set up their play space and materials to support different types of play both indoors and in nature: loose parts, dramatic play, construction play, sensory play, literacy & numeracy games. Teachers will be given ideas on how to further extend storytelling and play within their classrooms using a play-based learning approach.

Speaker: Kevin Secours (Personal Protection Instructor)

School/Company: Integrated Fighting Systems

Target Audience: Secondary

Category: Other

Non-Violent Intervention In Schools

Violence is a growing concern in the school environment. In this workshop, Internationally renown personal protection expert Kevin Secours will explore a host of non-violent strategies that can be used safely in the school environment to:

- Increase awareness and improve detection skills
- Intercept aggression before it can develop into violence
- Maintain the highest degree of personal safety through positioning, movement and flanking
- Verbally deescalate escalations

Sponsored by QPAT New Teachers' Committee

Speaker: Kimberly Wong (Manager)

School/Company: CAEO Québec

Target Audience: Primary, Secondary

Category: Other

Making your classroom an LGBTQ+ Safer Space with the SILK Workshop

Looking to do something about the homo/queer/transphobia that you've witnessed at your school? Come and participate in a live demonstration of CAEO Québec's SILK workshop where workshop facilitators will share their personal testimonials, animate interactive activities that teach about the LGBTQ+ community and talk about how to make your school a safer space for LGBTQ+ students. Learn how you can book a free in-person or online workshop for your school today!

Speaker: Deborah Johnson (Retired Teacher)

School/Company: Pius Culinary

Target Audience: Tech-Voc

Category: Other

The Wonderful World of Anragogy

As vocational education continues to grow, qualified and competent teachers must be ready to meet the demand. Making the transition from industry to classroom is not as easy as one may think. To better understand the adult learner, this workshop will put anragogy under the microscope and look at its fundamental philosophies, different learning styles, characteristics of the adult learner and barriers they face when returning to school. A common question often asked is how does one facilitate learning when the ages of the students range from 18 to 50? (and sometimes older?). They all come with different life experiences but what they do have in common is that they are sitting in your classroom. As a new teacher how do you deal with that? Welcome to the wonderful world of anragogy. Stay one step ahead!

Speaker: James Watts (Teacher)

School/Company: Education Plus High School

Target Audience: Primary, Secondary

Category: Other

Horton Hears a Who – and so Should You!
Growing Environmental Awareness Across the Curriculum

The Theory of Biophilia claims that - deep in the recesses of our pre-historic brains we all have a biological affinity for living things. In our post-agrarian, city-dwelling, nature-phobic societies we have gradually lost the physical, emotional, and yes spiritual connections we once had with the natural world. But the biophilic traces remain.

In educational settings, classrooms are sometimes described as boring and irrelevant. However, educators are discovering that students develop better connections with their learning when teachers activate their pre-existing, biophilic frameworks. I am one of those teachers – and Biophilia in Education is at the core of my Ph.D. research.

In this presentation we will explore some of the themes, lessons, and approaches from Horton Hears a Who. You will leave with concrete plans that you will be able to use in your classroom next week regardless of the subject you teach!

Along the way, I will share with you my research and some stories about the adventures in learning I have had with students as we have learned together - hiking in forests, paddling on rivers and lakes, and climbing mountains.

Speaker: Rebecca Schur (Lawyer, Plain Language Specialist)

School/Company: Éducaloi

Target Audience: Secondary, Adult Ed.

Category: Other

The Law in Daily Life: Éducaloi's Teaching Tools

Éducaloi is a non-profit organization that explains the law in everyday language. Our practical legal information helps students build skills to navigate daily life and become active citizens. Our workshop will give high school and adult education teachers a guided tour of Éducaloi's workshops, teaching guides and activities specifically designed for each age group. Teachers will discover how Éducaloi's teaching tools are compatible with high school subjects like Ethics and Religious Culture, English, French, History, and P.O.P., and adult education subjects like Rights and Responsibilities.

Speaker: Brian Smith (Educator)

School/Company: CFEE

Target Audience: Primary, Secondary, Adult Ed., Tech-Voc

Category: Other

Financial Literacy – Consumer Education for Students

Money management lessons for life. Are you interested in offering a financial literacy workshop in your post-secondary institution, community organization or workplace to help young adults achieve the skills needed to make better financial decisions? Financial Basics is a financial workshop to help young adults learn about budgeting, saving, credit, investing, fraud prevention and financial planning. Free References to various resources available on the Canadian Foundation for Economic Education will be presented for teachers, educators and consultants.

Speaker: Corrie Sirota (Clinical Social Worker)

School/Company: Private Practice

Target Audience: Primary, Secondary

Category: Other

Dealing with Different Personalities

Our work regularly calls for effective communication skills when interacting with colleagues, students and families. These skills are essential when dealing with delicate situations and personalities. This workshop will identify the basic needs of individuals that often present as challenging personalities. Participants will also learn how to use "Blocking blame" techniques to address and respond to conflict in a non-confrontational manner while diffusing various situations in a way that preserves the relationship.

Conférencière : Gina Blanchette (Enseignante)

Compagnie : LTMHS

Clientèle cible : Tous

Catégorie : Pluridisciplinaire/transversal

En ligne seulement

La théorie du FREEBIE

D'une façon intuitive, vous allez découvrir une technique magique que j'utilise depuis plus de 15 ans et qui vous aidera toute votre vie et ce, surtout si vous donnez des examens. Vous pourrez constater où les élèves ont mal compris, pas compris ou encore où votre enseignement a besoin de plus de clarifications et d'explications. De plus, en bonus, votre taux d'absentéisme deviendra presque NUL.

Speaker: Magy Dimitry (Teacher)

School/Company: Laurenhill Academy

Target Audience: Secondary

Category: Science

Holistic Approach to Teaching Engineering in Your Science Class

Engineering topics are prevalent in the science curriculum, yet science teachers don't always feel comfortable teaching them. Our training at university is often lacking in that department and we are far from being engineers or carpenters. I will share my holistic approach on incorporating engineering throughout the year, and not just during certain period of the year. You will get some sample project ideas to start with. It is possible to enjoy teaching this topic!

Speakers: Ren Haskett (Coordinator), Kimberly Wong

School/Company: AIDS Community Care Montreal

Target Audience: Kindergarten, Primary, Secondary

Category: Sex Education

Inclusive Sexuality Education

This workshop will help prepare teachers to introduce the MEES sexuality education program into their classrooms inclusively and impartially. Teachers will learn best practices for teaching students about sexual health and how to approach various topics. Participants will also be introduced to local community resources that can help implement the sexuality education program in their schools as well as English-language resources for lesson planning.

Speakers: Rachel Collishaw (Pedagogical Advisor), Camille Blanchard-Séguin

School/Company: Elections Canada

Target Audience: Secondary, Adult Ed.

Category: Social Science

Online Only

Engage your students in Voting Rights through Time

How inclusive is our democracy? That is the inquiry question students discuss in Voting Rights through Time, a free resource from Elections Canada. In this workshop, you will participate in the activity and discover this student-centred approach to teaching voting history. This activity is available in English and French and can be easily adapted for language learners and younger students. It has connections to curricula in many courses, such as ethics, history and citizenship.

Speaker: Pamela Wener (Vice-President)

School/Company: Montreal Centre for Learning Disabilities and Stand Up Comedian

Target Audience: Primary

Category: Social Science

Providing Our Students Coping Skills in Difficult Times

In these uncertain times, students need teachers to provide tools to help maintain their mental health. For both adults and children alike, mindfulness and improv are beneficial not only in terms of learning coping tools but every day life skills as well. This practical, interactive, hands-on workshop will give educators a chance to understand and experience both mindfulness and improv activities that can be brought back to use in their classrooms.

Speaker: Heidi Berger (Former Professor, Film Producer)

School/Company: The Foundation for Genocide Education

Target Audience: Secondary

Category: Social Science

It's in Your Hands: the New 'Teaching About Genocide' Guide

Teachers have long struggled to educate their students about the sensitive subject of genocide, caused by lack of time, resources and training. This workshop will introduce the guide 'Teaching about Genocide', a new and unique pedagogical tool that makes teaching about the history and lessons of genocide exciting and thought-provoking for both educators and students. Using a comparative approach to nine 20th century genocides, including the cultural genocide of the First Nations, video testimonials and complete lesson plans, this interactive guide promotes the knowledge and critical thinking skills to empower students to speak up against racism and other forms of hate when they encounter them. Appropriate for social science, ethics and ESL teachers.

Sponsored by The Foundation for Genocide Education

Speaker: Chris Webb (Teacher)

School/Company: John Rennie High School

Target Audience: All

Category: Special Needs/Inclusive Education

IT'S NOT THE HEARING THAT IMPROVES LIFE, BUT THE LISTENING

Take steps to create a UDL centered learning environment as we work towards making High School accessible for many. Discover how we've made our High School a more equitable place to be for those with hearing loss and auditory processing disorders. We'll be sharing the steps that we've taken, and the things that we've learned along the way, from using assistive listening in our Theatre, advocating for better access to captioning (and the tools that we're using) and how we've used social media to share our message. We hope to inspire you to and give you tools that you can take back to any school or center to start making your spaces more equitable for those with hearing loss. Along with the how we'll also be sharing the WHY. Chris Webb - Teacher @ LBPSB | Tracey Green - Teacher of the Deaf @ Montreal Oral School for the Deaf.

Speaker: Nancy Lemieux (Secondary School Educator)

School/Company: Lauren Hill Academy

Target Audience: Secondary, Adult Ed.

Category: Special Needs/Inclusive Education

Slipping Between the Cracks: When ADHD Isn't Hyperactive

Everybody is familiar with the hyperactive ADHD student. But many students with ADHD are overlooked because they don't fit the usual profile. This workshop will discuss different forms of ADHD, and how to recognize other types of ADHD, as well as strategies to help the students and incorporate better ways to help them learn.

Speakers: Madeleine Sinclair (Coordinator), Maude Provencher, Tristan Delmas

School/Company: Special Olympics Quebec

Target Audience: Kindergarten, Primary, Secondary

Category: Special Needs/Inclusive Education

Adapting sports programs for students with special needs (ID + ASD)

Special Olympics Quebec provides sport, health, and physical activity resources and programs for students with intellectual disabilities and autism. We work with school staff to adapt programs building motor and sport skills. Our workshop includes who we are, what we offer, fun examples of the activities we run, and a pedagogical summary of the ministerial competencies our programs address. Our goal is to be the active program leaders for students with intellectual disabilities and autism!

Speaker: Melanie Brethour (Teacher)

School/Company: Good Shepherd Elementary

Target Audience: Primary

Category: Special Needs/Inclusive Education

Dyslexia and Effective Intervention

1 in 5 students are dyslexic. We have students in our classrooms who are struggling to read. With early intervention we can rewire their brains. This workshop will address what dyslexia is, the signs of dyslexia and what do these students who struggle to crack this code need. Participants will learn what effective intervention is, based on the science of reading, and practical ideas that you can take back to your classroom.

Sponsored by Decoding Dyslexia Quebec

Speakers: Salvatore Piccolo (Educational Specialist), Lauren Fonzo

School/Company: Montreal Oral School for the Deaf

Target Audience: Kindergarten, Primary, Secondary

Category: Special Needs/Inclusive Education

So You Have a Student with Hearing Loss in Your Class!

For the past 70 years, the Montreal Oral School for the Deaf has been servicing students with hearing loss within their learning environment, by providing teachers and professionals with various strategies and skills to ensure that the delivery of their messages is optimal and accessible. This workshop will provide teachers with tips for: best teaching practices for students with hearing loss, accommodations for learning and evaluations, as well as ensuring an optimal acoustic environment.

Speakers: Emily Sheepy (Education Producer), Erika Sullivan, Heather De Lagran

School/Company: Ocean School

Target Audience: Primary, Secondary, Adult Ed.

Category: STEAM

Dive into learning with Ocean School

The ocean is awesome and mysterious! Explore it with your students! Join us to see how you can bring the ocean to your class with free resources created by the National Film Board of Canada and Dalhousie University. Try our virtual reality, augmented reality, and 360° video experiences at our activity stations. We'll highlight interdisciplinary learning opportunities and action projects that you can try with your class.

Sponsored by Ocean School

Speaker: Dianea Phillips (Educator, Director)

School/Company: SYSNGAI Informal Ed.

Target Audience: Primary

Category: STEAM

Taking STEAM to a New Dimension

STEAM and NANO Science education motivates, inspires creativity and ingenuity in students. Learn how to take STEAM education to the next level. Engage in 6 hands-on activities, that will bring your students to the stratosphere and beyond. Get your students ready to read, write and produce, with easy to do activities. You dont have to be a scientist, or an artist to STEAM IT UP in a New Dimension!

Speaker: Magy Dimitry (Teacher)

School/Company: Laurenhill Academy

Target Audience: Primary, Secondary

Category: STEAM

3..2..1 Action! Let's Teach Science in a Creative Way

Who said that art and science couldn't work hand in hand to teach an abstract concept? You will discover that teaching science can truly be creative by incorporating techniques from the arts. I will focus predominantly on using performing arts to teach all sorts of topics. From miming to storytelling, communicating science this way targets all types of learners. How steamy is your science class? It's time to put the oomph back into it!

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: STEAM

Coding Made Easy with CS First

CS First is Google's free, computer science curriculum that makes coding easy to teach and fun to learn. CS First allows students to learn through video-based lessons, with different themes like storytelling, sports, art, and game design. Coding inside a version of the Scratch editor made specifically for CS First activities also allows teachers to have direct access to all of their students' work inside the CS First Dashboard. Worried about student privacy? No need! CS First allows students to log in with anonymous usernames and passwords. Not a Google District? No problem! It works on any platform. If you haven't heard about CS First, this session is not to be missed!

Sponsored by Google Canada

Speakers: Darren Morenstein (Camp Director, Founder), Corey Szwarcok

School/Company: True North Esports

Target Audience: Secondary

Category: STEAM

Esports in Education—It's Coming. Are you READY?

Esports participation has exploded in high schools and colleges around the world. Schools are adding esports to their educational tool belts because it improves engagement and attendance and decreases chronic absenteeism and behaviour issues. Currently esports is the biggest growth sector within education and capturing the engagement and motivation of young people with a focus on offering learners the skills needed for the jobs of the future.

This interactive workshop is intended for secondary educators and administrators to gain a better understanding of how scholastic gaming can engage their entire student population and provide the outlier students with an anchor to their school community.

Speaker: David Reda (Teacher)

School/Company: Sacred Heart School

Target Audience: Secondary

Category: STEAM

Incorporating Robotics in your Science and Technology Curriculum

This hands-on STEAM workshop is designed to give Robotics novices insight and confidence in effectively incorporating basic robotics concepts into their Science and Technology classroom. Participants will put together a functional tele-operated car, without any prior experience required. Topics from the Technological World that can be brought to life through robotics include: Design Process, Classification of Links, Guiding Controls, Materials, Motion Transmission & Transformation Systems, Gear Ratios and Electricity & Magnetism.

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Unleashing Student Creativity with Google Draw

Engagement, and expression in your everyday classroom. Learn how to create mind blowing portraits with Google Draw that can support a wide range of curricular connections and allow students to show their ideas and thinking in new ways!

Sponsored by Google

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Teams and M365 - You Don't Know What You Don't Know

Has it been awhile since you checked out all that Microsoft has to offer? Or maybe you work in the M365 environment daily, and you want to learn about more of the hidden gems. Join us for this workshop where we'll take a bird-eye view of all that Microsoft has to offer to streamline your workflows and inspire your students.

Sponsored by Microsoft

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Tame Your Inbox: Gmail Tips and Tricks

New to GMail and/or overwhelmed by your inbox? You've come to the right place! This session is packed with tips and tricks to tame your mailbox and streamline your workflow. Bring your own laptop or chromebook and learn how to customise your mail and take advantage of lesser known features like labels and filters as we aim for the elusive inbox zero.

Sponsored by Google

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Learning Block by Block with Minecraft: Education Edition

Minecraft has planted itself in the hearts of our youth and now educators are using the game to provide dynamic learning experiences. With Subject Kits available for LA, Science, Math, SS and more, the classroom implementation possibilities are endless. Join us for this 1 hour beginner session where we will walk you through Minecraft for Education and placing your first blocks. Come learn how Minecraft for Education has the power and the ability to captivate and motivate your students to learn.

Sponsored by Minecraft: Education Edition

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Google Workspace for Education - You Don't Know What You Don't Know

Drive environment daily, and you want to learn about more of the hidden gems. Join us for this workshop where we'll take a bird-eye view of all that Google has to offer to streamline your workflows and inspire your students.

Sponsored by Google

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Digital Escape Rooms and Math - Better than Pi and the SUM of all desserts!

Learn how to create an engaging and interactive Digital Escape room using Microsoft One Note that you can use to reinforce and practice key math concepts. Also, experience first hand a Lego themed One Note Digital Escape to try out your own problem solving and critical thinking skills!

Sponsored by Microsoft

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Engaging Students with Google Tools

Your students already use Google Docs, Slides, Drawings and more, but did you know there are hundreds of templates at your fingertips to take their publications to the next level? Join this session where we will look at some fun, engaging, and powerful ways students can demonstrate their understanding through images, audio, and video, and the best ways they can share that work with you!

Sponsored by Google

Speaker: The Cobblestone Collective

School/Company: The Cobblestone Collective

Target Audience: Primary, Secondary

Category: Technology

Classroom Routines, Productivity and Tools to Support Any Learning Environment

In this workshop, we will explore strategies you can use with your students to build a collaborative virtual environment. We will look at Microsoft Teams and the tools inside your M365 environment (Immersive Reader, OneNote, OneDrive, etc.) to support productivity and student collaboration in your classroom. This workshop will share how to create routine with your students so they know how and where to find assignments and resources, and know the tools available to help support their learning.

Sponsored by Microsoft

Speaker: Frances Michaelson (Naturopath, Health Coach)

School/Company: Live the Wow

Target Audience: Primary, Secondary, Adult Ed.

Category: Wellness

Do You Have The Guts To Be Healthy ?

The past 2 years we have a rise in struggles with weight gain, low mood, anxiety, fatigue and a general lack of vitality, especially with young students. Correcting these problems involves an integrative approach. It is more than simply taking a pill. To truly change ones habits and behaviour, it requires nutritional support, exercise, stress reduction, herbal supplements , and the elimination of inflammation coming from environmental toxins. In this session, you will learn techniques and dietary strategies to help implement change which will enable you to have the 'GUTS ' to be healthy!

Speaker: Margot McKinnon (Teacher, Presenter)

School/Company: Spark the Spirit Productions

Target Audience: All

Category: Wellness

Online Only

Stop, Stabilize, Surpass: Circumventing Burnout

Recognize your personal stress behaviours and identify your coping mechanisms. Learn a new model to stop your burnout trend early, stabilize forces in your life, and surpass prior effectiveness and wellbeing. Be proactive to ensure a long and meaningful professional and personal life. Beneficial to every age and stage.

Speaker: Nikolay Nikolov (Teacher)

School/Company: Verdun Adult and Career Centre

Target Audience: Adult Ed., Tech-Voc

Category: Wellness

Staying Focused in Everchanging Environment

We observe a significant decrease of focus since the early 2020. So, it will be healthy to look at two questions:

1. What causes this?
 - a. Medical environment.
 - b. Economic factors.
 - c. Social and other internal factors.
2. What can we do to help the students and ourselves?
 - a. Understanding changes.
 - b. Minimize the external factors.
 - c. Exercises for self-discipline as focus boosting techniques.

Speaker: Bill Yong (Youth Coordinator)

School/Company: Chabad Lifeline

Target Audience: Secondary, Adult Ed., Tech-Voc

Category: Wellness

Challenges of Dependencies and Addiction: Schools as First Responders

Whether it is drugs, food or screens, many of our students may be relying on something external to cope with the difficulties in life. There may come a time when these dependencies may create more issues in their lives and for many young people, schools are often the first responders to these scenarios. With years of experience working in school contexts as addiction counsellors, we will present several concepts of what teachers and schools can do to support students around dependency and addiction. It will also include first hand experience of someone in recovery, who can speak to the challenges of addiction and recovery.

Sponsored by Chabad Lifeline

Speaker: Colleen Murphy (Retired Teacher)

Target Audience: All

Category: Wellness

Meditation, Mindfulness and Mental Health

Please join Colleen Murphy and Steve Maier to experience simple and usable meditation techniques. Research has proven: To improve brain function, strengthen the immune system, decrease stress levels and to increase feelings and well being. Leave this session feeling more balanced in terms of energy, relaxation, awareness, as well as learning to be at peace. Create a more positive outlook and experience for your life... something you do not want to miss out on!
Namaste

Speaker: Danusia Lapinski (Teacher, Professional Coach)

School/Company: Coaching to Aspire Higher

Target Audience: All

Category: Wellness

Facing Adversity With a Resilient Mindset - For Teachers and Students!

Everyone is born with the ability to be resilient. Learn how to take advantage of your resiliency when the going gets tough. During this interactive session you will have an opportunity to discover a resilient mind frame that will support your motivation to overcome your challenges with confidence and courage.

In a safe and respectful group environment you will master:

1. An understanding of resiliency
2. The attitudes and views of highly resilient people
3. Creating your own personalized mind shift
4. The keys to your successful practice